

Do you have social, emotional or practical concerns and need support?



Our **Social Prescriber** may be able to help...

Social

1. Support for loneliness and social isolation
2. Information regarding local, community-based groups and activities



Emotional

1. Bereavement support
2. Support regarding emotional wellbeing, low mood/anxiety
3. Eating disorder support for carers and family



Practical

1. Frailty/falls support
2. Onward referral for weight management
3. Onward referral for debt management



To book an appointment with the Social Prescriber, ask at reception today!