Do you have social, emotional or practical concerns and need support?



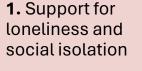
Practical

Our Social Prescriber may be able to help...

Social

support

1. Frailty/falls support 2. Onward referral



2. Support regarding emotional wellbeing, low mood/anxiety

Emotional

for weight management 3. Onward referral

management

for debt

- 2. Information regarding local, community-based groups and activities
- 3. Eating disorder support for carers and family





connected

To book an appointment with the Social Prescriber, ask at reception today!

1. Bereavement